

ORGANIZE YOUR LIFE

30 Day Organizing Challenge

1

Kitchen
Cabinets
& Pantry

2

Kitchen
Drawers &
Counters

3

Underneath
Kitchen Sink

4

Fridge
& Freezer

5

Recipes

6

Underneath
Bathroom
Sink

7

Bathroom
Cabinets &
Drawers

8

Linen Closet

9

Makeup &
Beauty
Products

10

Shower

11

Family
Room

12

Office or
Spare Room

13

Pet Area
& Products

14

Kid's
Rooms

15

Playroom

16

Organize
Paperwork:
Go Paperless!

17

Set Up a
Command
Center

18

Create a
Household
Binder

19

Anything
You Want

20

Email, Phone
& Computer

21

Bedroom
Closet

22

Bedroom
Dressers

23

Bedroom
Nightstands

24

Jewelry &
Accessories

25

Laundry
Room

26

Garage

27

Hall &
Utility Closets

28

Car

29

Purse

30

Wrapping
Paper &
Crafts



A 10 WEEK Organizing Challenge

to get your whole house in order

WEEK 1:

PAPERWORK & COMMAND CENTERS.

WEEK 2:

KITCHEN. CUPBOARDS. DRAWERS. PANTRY. MEALS.

WEEK 3:

LAUNDRY ROOM. MUD ROOM. CLEANING SUPPLIES.

WEEK 4:

BATHROOM. CABINETS. SINK. COSMETICS.

WEEK 5:

LINEN CLOSET. OTHER CLOSETS.

WEEK 6:

MASTER BEDROOM. CLOSETS. DRESSERS.

WEEK 7:

KID'S BEDROOMS. CLOTHES. TOYS. BOOKS.

WEEK 8:

PLAYROOM. REC. ROOM. FAMILY SPACES.

WEEK 9:

CRAFT ROOM. OFFICE. ACCESSORY ROOMS.

WEEK 10: Wildcard.

the happy housie

things to THROW AWAY

bathroom

old makeup
expired sunscreen
expired medicine
old hair ties
broken brushes
old perfume
old toiletries
dried up nail polish
old towels/bathmat

bedroom

unworn clothing
old/broken jewelry
earrings w/out a match
stained clothing
unused purses
clutter in nightstands
old shoe boxes

kitchen

plasticware w/ no lid
broken appliances
expired food/fridge
expired canned goods
unused/old cookbooks
chipped plates/glasses
old kitchen tools

misc.

old cleaners
torn cleaning rags
old detergents
old batteries
unused craft supplies
old newspapers
collectibles

office

books
magazines
old receipts (SHRED)
dried up pens/markers
old notebooks
outdated electronics
old chargers/cords
outdated software
expired coupons
old school papers
old warranty manuals
filled notebooks
unknown keys
old address labels

playroom

broken toys
games w/lost pieces
old electronics
unloved stuffies
outgrown playclothes
books
unused toys
unwatched DVDs
old coloring books
broken crayons
dried out markers

garage/basement

old paint
outgrown bikes
old sports equipment
broken tools
old rags
unused holiday items
old outside toys
unused decor

PROJECT ORGANIZE!

SIMPLYKIERSTE.COM

11 Benefits

• Of Being Organized •



1 Saves you Time

If your house is organized, you spend less time looking around for things you've lost. Give everything a home.



2 Increases Productivity

Being organized helps to improve the flow of your day and enables you to accomplish more tasks on your to-do list more quickly.



3 It Brings Peace into Your Life

A clean, orderly home creates a peaceful atmosphere where you can relax and recharge.



4 Helps You Sleep Better

An organized room decreases hyperactive brain stimulation and makes it easier to fall asleep.



5 Decreases Overwhelm

Stepping into a cluttered, disorganized home makes you feel like you are bogged down with the day's tasks, let alone the housework.



6 Decreases Stress and Depression

Coming home to an organized home helps to relieve the stresses of the workday.



7 Helps You Feel Empowered And Energized

Organization increases productivity and increased productivity helps you feel accomplished and excited about the day.



8 Frees Up Time For Activities You Enjoy

Being organized is a gift that you give yourself that allows you to make time to do your favorite activities.



9 Helps Improve Your Relationships

A messy home can prevent you from inviting others over. So being organized can help strengthen your relationship with others.



10 Helps Your Self Confidence

Being organized increases your confidence in your own ability to accomplish tasks and be productive.



11 Helps You Feel Prepared for Last-Minute Guests

Say goodbye to the panic that ensues when a friend or family member decides to drop by last minute.

