### Use Your School Agenda Like a Pro

& make the best organizational tool you have work for you!



Countdown to tests Have a school agenda? Not sure how to use it beyond writing Don't just mark a test date down on the actual day; use the down daily homework? You're not alone! While most schools pages leading up to that date to create a study countdown. hand out agendas to students, they rarely provide instructions on how to use them effectively. We can help. Write the test day in the agenda on the day of the test. Turn to the previous date's page, and write something Agenda Basics such as TEST IN 1 DAY. Bring it to school every day Repeat on every preceding day until today's date, Bring it to every class counting up as you move backwards. Write down all assignments and homework Bring it home at night Schedule study time every night between now and the test. Take it out of the book bag and consult it Repeat every day Move incomplete tasks forward When an assignment is completed, check it off. If a task is Take agenda skills to the next level unfinished, draw an arrow beside that task, then flip the page and write that task on tomorrow's page. with this checklist: Keep track of extra-curricular activities Use your agenda to: Agendas are not just for school. They're a great place to keep track of extra-curricular activities, chores, Prioritize workflow sports, even parties and get-togethers. Look at all homework and assignments on the page and determine what's most important/ needs to be Use the month-at-a-glance page completed first. Use A-B-Cs to assign importance. Write down regular activities as well as upcoming (If math is due tomorrow, but history isn't due for 2 days, deadlines and projects to get an idea of how busy assign math an A and history a B.) the month is in a single glance. Time yourself Write down thoughts Keep track of how long each assignment takes to Keep track of questions to ask complete. (This is a good way to practice estimating the teacher during the next how long future tasks might take to complete.) class, ideas for essays, etc.

# ORGANIZATION



## TIPS

### **Buy a Planner**

Get a planner equipped with a monthly calendar weekly calendar, and To-Do lists for each week Keeping your tasks and assignments updated da or weekly will help you in the long run.

### **Manage Your Time**

Make sure you manage your time wisely. Set high-priority events, tasks, etc. first and work your way around them with less important activities.

### **Find Your Spot**

Create a workspace for yourself whether it's at home, your local coffee shop, or public library. You'll find yourself performing more efficiently.

#### **Color Coordinate**

Organize your folders/binders for each subject using different colors. When taking notes, use different colors to mark or highlight important terms.

### **Regularly Clean Your Space**

Whether it's your locker, your backpack, car, or room, routinely organizing and cleaning these areas makes it easier to concentrate & you'll avoid the frustration of losing assignments.

### Create a Study Plan

Set realistic goals (short-term & long-term) for yourself. Ex. study 10 min every night & get an A in class. Keeping your goals in mind, utilize various study methods.

# ORGANIZATIONAL TIPS FOR COLLEGE STUDENTS

GET ENOUGH SLEEP
The average adult needs to get

8 hours of sleep per night.

**DEVELOP A ROUTINE** 

A well-balance routine of work and play will reduce stress during your college experience.

2

CHOOSE YOUR BEST TIME
Whether you are a morning or night
person, schedule critical tasks during

Make a To Do List

Rank tasks in order of importance. A plan will give you a sense of direction.

on.

CLEAN YOUR WORKSPACE
Remove any items that will
distract you from studying.

Take Notes

Take good notes during class and review them after class for better retention.

6

TURN OFF DISTRACTIONS
Turning off phones and logging out of social media will allow you to focus

http://www.signupgenius.com/college/organization-tips-for-college-students.cfm http://www.hackcollege.com/blog/2013/02/12/12/college-organizational-tips.html https://sleepfoundation.org/how-sleep-works/how-much-sleep-do-we-really-need

5 Tips To Keep Your Notes Organized	
Prepare	Don't be scrambling for a pen and paper. Go to class with all your materials ready.
Organize	Keep your notes for each class in one place. Use a binder, duotang, or multisubject notebook to keep notes together. Remember to include a place for any loose handouts.
Label	Use dividers to separate each class into sections by unit or topic.
Chronology	It can be tempting to shove your notes into your binder after a long class, but take the time to ensure that they are in the correct order. Better to take the time now rather than search for them when you need to study.
Maintain	Go through your binder or notebook weekly to ensure that there are no loose papers and repair any that may have ripped.



# Time Management Tips for Learners

By Bridget Sole







### set long-term goals

It's hard to reach your destination if you don't know where you're going. Set short-term goals which will lead you to your long-term goals

### write to-do lists

these are reminders of important tasks you need to prioritize.

### prioritize

Decide what tasks need to be accomplished first. This will help you plan your week.







### budget your time

create a weekly schedule to help you decide how much time to spend on your activities, rest and work.

# find a dedicated space & time

have a dedicated space free from distraction where you can get your work done.

## Don't be afraid to say NO!

Sometimes you have to decline social activities to make time to study.

powered by



# Tips to Stay Organized At Work From Home







Always get up and dress well (yes, take a bath & skip those pajamas to feel good)



Turn off notifications, limit distractions

Create a dedicated workspace - keep it separate from home space





Plan out your daily tasks

Keep a planner, to-do list journal, scheduler handy





Keep your desk tidy, have all supplies in arm's reach

Use noise-canceling headphones



List out priority work

Organize your hardware, keep them updated





Stay connected to colleagues, superiors during Google meets over scrums or huddle

Have planned breaks for your meals, house chores (if any), and extra time for breathing fresh air





Maintain good health with proper physical routine & sleep cycle

Focus one task at a time, don't multitask



Stay motivated by indulging yourself in some activities that you relish

